

# Equations for Primary FRCA

## Pharmacology

C: concentration

t: time

## Bioavailability

$$\text{Bioavailability} = \frac{AUC_{ORAL}}{AUC_{IV}}$$

AUC: area under concentration – time curve

## Exponential Function

$$\frac{dC}{dt} \propto C \quad \text{or} \quad \frac{dC}{dt} = K.C$$

$$e = 2.718 \quad \text{or} \quad \frac{1}{e} = 0.37$$

$$C = C_0.e^{-Kt}$$

(for a negative exponential relationship)

C<sub>0</sub> is the concentration at t = 0

K: rate constant

## Pharmacodynamics

D: free drug

R: unoccupied receptors

DR: drug occupied receptors

K<sub>D</sub>: dissociation constant

$$K_D = \frac{[D][R]}{[DR]}$$

$$\text{affinity} = \frac{1}{K_D}$$

## Enzyme Kinetics

$$V = \frac{V_{\max}[S]}{K_m + [S]}$$

V: initial velocity

$V_{\max}$ : maximum initial velocity

$K_m$ : concentration at which the initial velocity is half the maximal initial velocity

S: substrate

### **Pharmacokinetics**

Cl: clearance

Vd: volume of distribution

$\tau$ : time constant

K: rate constant

D: dose

$$Vd = \frac{D}{C_0}$$

$$\tau = \frac{1}{K_{el}}$$

$$\tau = \frac{Vd}{Cl}$$

$$t_{\frac{1}{2}} = \tau \log_e 2$$

$$\text{Loading dose} = Vd \cdot C_p$$

$$\text{Maintenance dose} = C_p \cdot Cl$$

### **Three Compartment Model**

$$C_p = A \cdot e^{-\alpha t} + G \cdot e^{-\gamma t} + B \cdot e^{-\beta t}$$

A/ $\alpha$  B/ $\beta$  G/ $\gamma$ : kinetic constants

## **Physics and Measurement: Pressure & Fluids**

### **Pressure**

$$\text{Pressure} = \frac{\text{force}}{\text{area}}$$

*Absolute pressure = gauge pressure + atmospheric pressure*

### **Fluids**

Q: flow  
d: tube diameter  
P: pressure  
 $\eta$ : viscosity  
l: length of tube  
v: fluid velocity  
p: density

### **Laminar flow. Hagen-Poiseuille Equation**

$$\dot{Q} = \frac{\pi P d^4}{128 \eta l}$$

### **Reynolds Number**

$$= \frac{v p d}{\eta}$$

### **Turbulent Flow**

$$\dot{Q} \propto \sqrt{P}$$

$$\dot{Q} \propto \frac{1}{\sqrt{l}}$$

$$\dot{Q} \propto \frac{1}{\sqrt{P}}$$

### **Bernoulli's Equation**

$$\frac{1}{2} p v^2 + P = K$$

P: potential energy

### **Physics and Measurement: Gas Laws**

P: pressure V: volume T: temperature K: constant

Boyle's Law:  $PV = K$

Charles' Law:  $\frac{V}{T} = K$

3<sup>rd</sup> Law:  $\frac{P}{T} = K$

$$\frac{PV}{T} = K$$

$$PV = nRT$$

n: number of moles

R: universal gas constant

## **Physics and Measurement: Electricity**

V: potential difference (volts)

I: current (amps)

R: resistance (ohms)

$$V = IR$$

### **Power**

$$\text{Power (watts)} = VI = I^2R$$

### **Charge**

$$Q = \text{amperes}(A) \times \text{seconds}(s)$$

Q: charge (coulombs)

### **Capacitance**

$$C = \frac{Q}{V}$$

C: capacitance (farads)

### **Defibrillator**

$$\text{Stored Energy} = \frac{1}{2}CV^2 = \frac{1}{2}QV$$

### **Resistors**

$$\text{Parallel: } \frac{1}{R_T} = \frac{1}{R_1} + \frac{1}{R_2} \dots$$

$$\text{Series: } R_T = R_1 + R_2 \dots$$

$$\text{Wheatstone Bridge: } \frac{R_1}{R_2} = \frac{R_3}{R_4}$$

### **Physics and Measurement: Other**

#### **Tension**

T: tension

R: radius

P: pressure gradient

$$\text{Tube: } P = \frac{T}{r}$$

$$\text{Sphere: } P = \frac{2T}{r}$$

#### **Work**

Work done = force X distance

Unit of work = Nm

#### **Humidity**

$$\text{Relative humidity} = \frac{\text{actual vapour pressure}}{\text{saturated vapour pressure}}$$

#### **Linear Function**

$$y = Mx + C$$

M: gradient of a straight line

C: y axis intercept

## Light

Lambert-Bouguer law

$$I = I_0 e^{-ad}$$

I: transmitted light

I<sub>0</sub>: incident light

a: extinction coefficient for the solution

d: thickness

Lambert-Beer law

$$\text{Absorbance} = \xi cd$$

ξ: molar extinction coefficient

c: molar concentration

d: thickness

## Physics and Measurement: Statistics

$$\text{Variance} = SD^2 = \frac{\sum (x - \bar{x})^2}{n - 1}$$

$$\text{Standard Error of the Mean} = \frac{SD}{\sqrt{n - 1}}$$

SD: standard deviation

## Physiology: cellular

### Diffusion

$$Q = k_p \cdot \frac{A}{T} \cdot (C_1 - C_2)$$

Q: rate of diffusion

k<sub>p</sub>: permeability constant → permeability ∝  $\frac{\text{solubility}}{\sqrt{MW}}$

A: area of membrane

T: thickness of membrane

$C_1 - C_2$ : concentration gradient

### **Total Blood Volume** ( $V_{BL}$ )

$$\frac{V_{PL} \times 100}{(100 - Hct)}$$

$V_{PL}$ : volume plasma

Hct: haematocrit

### **Measurement of Fluid Compartments**

$$\text{volume of compartment} = \frac{\text{mass of indicator}}{\text{concentration in compartment}}$$

### **Osmotic Pressure (van't Hoff equation)**

$$\pi = RTC$$

$\pi$ : osmotic pressure

R: universal gas constant

T: absolute temperature

C: osmolality (mosm/kg  $H_2O$ )

### **Plasma Osmolality**

$$\text{Plasma Osmolality (mosm/kg } H_2O) = 2 \times [Na] + [glucose] + [urea]$$

### **Gibbs-Donnan**

$$[cation]_A \times [anion]_A = [cation]_B \times [anion]_B$$

### **Nernst Equation**

For example, sodium:

$$\text{capillary wall potential (mV)} = \frac{RT}{FZ_{Na}} \times \log_e \frac{[Na]_{int}}{[Na]_c}$$

R: universal gas constant

T: absolute temperature

F: Faraday constant

Z: valency

Int: interstitial c: capillary

### **Starling Forces**

$$\text{Pressure Gradient} = (P_c + \pi_{int}) - (P_{int} + \pi_c)$$

$$\text{Rate of Filtration} = K \cdot (P_c + \pi_{int}) - (P_{int} + \pi_c)$$

$\pi$ : colloid osmotic pressure

P: hydrostatic pressure

Int: interstitial c: capillary

## **Physiology: Cardiac**

SV: stroke volume

CO: cardiac output

SVR: systemic vascular resistance (dynes.s/cm<sup>5</sup>)

BP: blood pressure (mmHg)

MAP: mean arterial blood pressure

HR: heart rate

CVP: central venous pressure (mmHg)

### **Stroke Volume**

$$SV = EDV - ESV$$

$$\text{Ejection Fraction} = \frac{SV}{EDV}$$

EDV: end diastolic volume

ESV: end systolic volume

### **Cardiac Output**

$$CO = HR \times SV$$

$$\text{Cardiac Index} = \frac{CO}{BSA}$$

BSA: body surface area

### **Systemic Vascular Resistance**

$$SVR = \frac{MAP - CVP}{CO} \times 80$$

### **Mean Arterial Blood Pressure**

$$MAP - CVP = CO \times SVR$$



### **QT interval corrected** (QT<sub>c</sub>)

$$QT_c = \frac{QT}{\sqrt{R - R}}$$

R-R: interval between two consecutive R waves

### **Fick Method**

$$CO = \frac{\dot{V}O_2}{(CaO_2 - CvO_2)}$$

VO<sub>2</sub>: oxygen uptake

CaO<sub>2</sub>: oxygen content of arterial blood

CvO<sub>2</sub>: oxygen content of venous blood

### **Physiology: Respiratory**

$\dot{V}$  : volume of gas per unit time

V: volume of gas

D: dead space

C: content

P: pressure or partial pressure

### **Ventilation**

$$V_T = V_A + V_D$$

$$\dot{V}_A = \frac{\dot{V}CO_2}{PACO_2} \times K$$

### **Bohr equation**

$$\frac{V_D}{V_T} = \frac{PACO_2 - PECO_2}{PACO_2}$$

(for physiological dead space)

### **Alveolar Gas Equation**

$$PAO_2 = PIO_2 - \frac{PACO_2}{R}$$

R: respiratory quotient  $\rightarrow R = \frac{\dot{V}CO_2}{\dot{V}O_2}$

### Venous to Arterial Shunt

$$\frac{\dot{Q}_s}{\dot{Q}_T} = \frac{C_{co_2} - C_{ao_2}}{C_{co_2} - C_{vo_2}}$$

Q: volume of blood per unit time  
S: shunt T: total c: end capillary

### Compliance

$$compliance = \frac{\Delta V}{\Delta P}$$

$$\frac{1}{C_R} = \frac{1}{C_L} + \frac{1}{C_W}$$

C<sub>R</sub>: respiratory system compliance  
C<sub>L</sub>: lung compliance  
C<sub>W</sub>: wall compliance

### Oxygen Content

$$Content (ml O_2 / g Hb) = (1.39 \times [Hb] \times \frac{\%sat}{100}) + (0.023 \times P_{O_2})$$

P<sub>O<sub>2</sub></sub>: partial pressure in kPa

### Physiology: Other

#### Clearance

$$C_x = \frac{U_x V}{P_x}$$

C<sub>x</sub>: clearance of x (ml/min)  
U<sub>x</sub>: urine concentration of x  
P<sub>x</sub>: plasma concentration of x  
V: urine flow (ml/min)

#### pK

$$pK = -\log K$$

$$k = \frac{[H^+][A^-]}{[HA]}$$

### **Henderson-Hasselbach**

$$pH = pK + \log \frac{[conjugate\ base]}{[acid]}$$

$$pH = pK + \log \frac{[HCO_3^-]}{[H_2CO_3]}$$

$$pH = pK + \log \frac{[HCO_3^-]}{0.23 \times P_{CO_2}}$$

### **Cerebral Perfusion Pressure**

$$CPP = MAP - (ICP + CVP)$$